

26. Society of Dermatologists, Venereologists and Leprologists of Nepal (SODVELON)
27. Society of Internal Medicine of Nepal (SIMON)
28. Society of Otolaryngologists of Nepal (SOL Nepal)
29. Society of Public Health Physician Nepal (SOPHYN)
30. Society of Surgeons of Nepal (SSN)

#### NMA Branches

- |                    |                       |
|--------------------|-----------------------|
| 1. Bheri Branch    | 8. Lahan Branch       |
| 2. Chitwan Branch  | 9. Lumbini Branch     |
| 3. Dang Branch     | 10. Mechi Branch      |
| 4. Dharan Branch   | 11. Narayani Branch   |
| 5. Gandaki Branch  | 12. Sagarmatha Branch |
| 6. Janakpur Branch | 13. Seti Branch       |
| 7. Koshi Branch    | 14. Surkhet Branch    |

#### NMA Membership Benefits

1. NMA Members will have the privilege to participate in various programmes organized by JNMA, NMA & its branches.
2. Members have the right to under take NMA organized activities such as training workshop, conference, interaction program, seminar, etc.
3. JNMA, a scientific publication is provided free of cost.
4. The members of NMA and their families are entitled to use NMA Guest House.
5. NMA Scholarship programs for Under Graduate and Post Graduate Medical students
6. NMA scholarship for the children of late NMA Life Members
7. Use of NMA Study Centre (proposed Medical library)

#### Sub-Committee

1. Community and Disaster Management Committee
2. Doctors' Welfare Committee
3. Education Committee
4. Human Rights Committee
5. International Liaison Committee
6. Membership Committee
7. Oral Health Committee
8. NGO Federation Committee

#### Current Proposed Activities

1. Digitalization of Journal of Nepal Medical Association
2. Capacity building for NMA members through various training and workshops
3. Regular trainings for Medical Journal editors, authors, peer reviewers & researchers
4. Implementation workshop for Health Professional Protection Act
5. Workshop on The Importance of District Coverage and Primary Health Care Services
6. Workshop on Medical Waste Management
7. Construction of new NMA building
8. Interaction programs to discuss about the problems and challenges of the 21<sup>st</sup> century in Medicine
9. Interaction with Health Journalist to improve health reporting
10. Interaction program on NMC Act and Drug Act amendment
11. Advocacy for single Entrance Examination for undergraduate and post graduate medical education
12. Consultative meeting with concerned authorities for formation of Medical University in Nepal
13. Advocacy for implementation of CME/CPD system for doctors in Nepal
14. Advocacy for health equity and improved health services in the country
15. Interaction program for determining number of medical schools (in the valley and outside), number of doctors as per the need of the country.



help **DOCTORS**  
to help the **PATIENTS**

*NMA encourages its members to maintain highest level of medical ethics, professional standards and dignity.*

**NMA Executive Committee**  
(2013 - 2016)

# An Introduction of Nepal Medical Association

Member of  
World Medical Association (WMA)  
South Asia Medical Association (SAMA)  
Confederation of Medical Associations in Asia and Oceania (CMAAO)



Mutually affiliated with Indian Medical Association



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## Nepal Medical Association

Nepal Medical Association (NMA) is the largest, non-political and not-for-profit professional organization of Nepalese Doctors registered at Nepal Medical Council in Nepal. It was established on 4<sup>th</sup> March 1951 with the aim of unity, fraternity and service in the medical and dental professionals in the country.

NMA helps government of Nepal to formulate Health Policies, Act & its amendments and their effective implementation to improve health care in the country. It advocates for equity of health service improvements and abide by the principle of "health for all" in Nepal.

It also organizes various scientific training programs, workshops, seminars and conferences as well as interaction and discussions, so as to make medical and dental professionals well equipped and updated with latest advancement in medical sciences.

Journal of Nepal Medical Association (JNMA) is an official publication of NMA since 1963. After 42 years of publication, it has been indexed in PubMed/MedLine since 2005 and 'peer review' has been a part of regular editorial process. A Scientific Journal of Nepal Medical Association has been publishing tri-monthly and has been providing each issue free of cost to its members.

NMA has been striving for common interests of all the medical and dental professionals with great zeal and has contributed significantly towards overall improvement of the ongoing health care related activities in the country.

NMA is continuously working to improve health system through various ways, such as; the First All Nepal Medical Conference of the NMA in 1963 advocated for establishment of Nepal Medical Council Act and Drug Control Act which was passed by HMG/N in 1964. Both acts were published in the Nepal Gazette of Bhadra 28th, 2022 BS. Similarly, NMA advocacy and lobbying in early 2000s, gave rise to appoint the doctor as health secretary in the Ministry of Health and Population.

NMA has played a great role in solving not only the professionals' issues but also raises issues of public health concerns, as the interim constitution of Nepal has also enshrined basic health care as the fundamental right of the Nepalese citizens.

## Mission

To ensure professional rights and to promote the quality and ethical practice of medical and dental professions for the development and improvement of health in Nepal.

## Objectives

1. NMA shall be committed to protect the justifiable rights, interest of the members and respect of the profession.
2. NMA is committed to achieve highest standard in the

clinical service through continuous medical education for enhancing competence of medical professionals.

3. NMA is committed for protection of its members' rights and will actively protest against any infringement by whomsoever. It is also dedicated to uphold the spirit of democracy and to protect human rights, achieved from the historical democratic movement.
4. NMA appeals its members to maintain professional ethics, standard and independence.
5. NMA encourages to conduct ethical medical research and its publication in medical journals to find out issues & challenges and to provide way out for the improvement of health care in the country.
6. According to the need of our nation, NMA shall provide necessary support to conduct various trainings in the medical field to the highest possible extent.
7. NMA has helped the government of Nepal during natural disaster and calamities to save lives of innocent victims and will keep assisting in the future as well.
8. NMA shall assist the government to improve health related problems of the country.
9. NMA shall make every effort to increase public awareness regarding staying healthy, available health services, sanitation and modern scientific treatment.
10. NMA shall conduct activities to improve national health indices and prioritize delivery of medical services to indigenous and endangered backward communities.
11. NMA shall maintain affiliation with national and international medical associations to foster collaboration and communication to improve global health.
12. NMA will remain as a not-for-profit, professional, social welfare organization.

NMA specially focuses on conducting various professional, academic and institutional activities all over the country. It also mobilizes medical and dental doctors in different parts of the country where qualified health care service providers are not available.

NMA is providing and also extending its infrastructure to accommodate offices for the NMA affiliated professional associations, speciality societies and chapters. It also conducts interactions and discussion programs with these organizations on various health issues.

NMA realizes that the organization would not grow to be what it is now without the sweat and toil of our predecessors. NMA values, respects and recognizes all the seniors and contemporary colleagues to their diligence, devotion, dedication and commitment towards the

organization and expect ongoing support and guidance in the future, as well.

## NMA Council

The NMA Council is a countrywide 60 members representative body which comprises all of its members proportionately. The council formulates NMA policies and directs the affairs in accordance with its regulation. It shall have the authority to propose new by laws for NMA to be proposed in NMA general Assembly. Council also has the authority to delegate and appoint special committee for specific purpose and entrusts them with relevant power to carry out the required functions.

## NMA Affiliations

1. Association of Clinical Pathologists of Nepal (ACPN)
2. Association of Spine Surgeons of Nepal (ASSN)
3. Cardiac Society of Nepal (CSN)
4. Doctors' Wives Association (DWA)
5. General Practice Association of Nepal (GPAN)
6. International College of Surgeons (ICS Nepal Section)
7. Nepal Association of Medical Editors (NAME)
8. Nepal Association of TB and Chest Physicians (NATBCP)
9. Nepal Association of Urological Surgeons (NAUS)
10. Nepal Dental Association (NDA)
11. Nepal Epilepsy Association (NEA)
12. Nepal Oncological Society (NEONS)
13. Nepal Ophthalmic Society (NOS)
14. Nepal Orthopaedic Association (NOA)
15. Nepal Paediatric Society (NEPAS)
16. Nepal Radiologists' Association (NRA Nepal)
17. Nepal Society of Nephrology (NSN)
18. Nepal Society of Obstetricians and Gynaecologists (NESOG)
19. Nepalese Society of Critical Care Medicine (NSCCM)
20. Nepalese Society of Gastroenterologists
21. Nepalese Society of Neurosurgeons (NESON)
22. Nepalese Society of Therapeutic Radiation Oncology (NESTRO)
23. Perinatal Society of Nepal (PESON)
24. Psychiatrists' Association of Nepal (PAN)
25. Society of Anaesthesiologists of Nepal (SAN)